

The Formation Marine
Gull Rock Manacles Race COGS 3

Sponsored by

Formation Marine & South West Play

Organising Authority

Flushing Sailing Club

Sunday 29th May 2016

SAILING INSTRUCTIONS

www.cogsracing.org.uk

[email:info@cogsracing.org.uk](mailto:info@cogsracing.org.uk)

1. Rules

1.1 Racing will be governed by the ISAF Racing Rules of Sailing, the COGS 2016 Notice of Race and Flushing Sailing Club 2016 Notice of Race, the Entry Form and all conditions therein. The IRC rules part A, B and C insofar as this rule applies for competing yachts, and these Sailing Instructions.

1.2 The ISAF Offshore Special Regulations governing offshore racing category 4 applies

1.3 The RYA prescriptions apply

1.4 In the event of a conflict between the NOR and these SI`s then the SI shall take precedence

1.5 The Racing Rules will be changed as follows

(a) appendix A2&A4.2 modified scoring see NOR COGS

(b) rule 28.1 A4.1&definition see SI 10.4

(c) rule 35 shall not apply see Time Limit SI 13

(d) rule 62 .1(a) see 3.3. 7. 10.1

(e) rule 32 and 33 see SI 12

2. Notices to competitors

will be posted on the FSC notice board and if possible the FSC and COGS websites.

3. Changes to sailing instructions

3,1 These will be posted on the Flushing Sailing Club Notice Board before 0830 on 29thth May 2016.

3.2 Changes to sailing instructions may be posted on the COGS website www.cogsracing.org or FSC website www.flushingsailingclub.co.uk

3.3 The Race Officer may give verbal instructions on the water on VHF channel 72.

4. Signals made ashore

4.1 These will be displayed on the signal masts at Pendennis Point and if possible at Flushing Sailing club.

4.2 International code flag "L" superior to flag "Z" may be flown to indicate a change in the sailing instructions.

5. Class Flags

5.1 Class COGS IRC Flag IC numeral "1"

5.2 Class COGS BY PN Handicap boats Flag IC "E"

5.3 For COGS boats International code flag "Z" shall be flown from the backstay or mainsail leach

5.4 For FSC boats

Class ByPN/IRC .851>

Flag IC Q

Class ByPN/IRC >.850

Flag IC U

Class ByPN White sail

Flag IC W

Each class may be given a different course according to weather conditions.

6. The Racing Area

This will be the South Cornish Coast see Appendix B for identification of buoys, Falmouth Bay, Carrick Roads and the inner harbour.

Use of charts and the harbour chart is essential. The courses involve some close inshore racing and boats should approach with care.

7 The Course

7.1 These will be selected from the numbered list of courses in Appendix A and will depend on wind strength and direction.

7.2 The course to be sailed will be signalled by the corresponding International code flag numeral pennant flown superior to the class flag at the warning signal. (see instruction appendix A),

7.3 The course may also be broadcast by the Race Officer on VHF channel 72 approximately 20 minutes before the start and repeated at intervals until the warning signal is displayed. This changes rule 62.1(a)

8 Marks

Marks are described in appendix B

9 Areas that are obstructions

9.1 Mooring areas. Straight lines between mooring buoys (whether a vessel is attached or not) of the outer line on both sides of the fairway leading to Flushing Sailing Club (excluding Frigate and Caldy buoys) are designated as continuous obstructions- see FSC harbour chart

9.2 Local rules in Carrick Roads and Falmouth Inner harbour state yachts must keep clear of commercial shipping which always has right of way see Bye-Laws (<http://www.falmouthport.co.uk/pd/bye-laws.PDF>)

10 The Start

10.1 There will be two starts 5 minutes apart

COGS IRC. 1. Class and FSC Q class @ 10.00

COGS By PN. E class and FSC U & W class @ 10.05.

An attention signal of an orange flag and sound signal will be made 10 minutes before the first warning signal

10.2 Times shall be taken from the visual signal; the failure of a sound signal shall be disregarded. The countdown to each signal may be broadcast on channel 72. Failure to receive this broadcast will not be grounds for redress. This changes rule 62.1(a)

10.3 In the event of it not being possible to display flag signals the start timing and other signals will be given on VHF Only. In this case times to be taken from the VHF transmission of the Warning,

Preparatory and Start signal for each class. Failure to hear or receive this broadcast is not grounds for redress.

- 10.4 The start line will be a line extending east from a transit formed by the orange triangle and the flagstaff on Pendennis Point at the West side of the entrance to Falmouth Harbour. The line will be bound at the Eastern end by the Black Rock Beacon, and at the Western end by the shore. Boats shall start by crossing the line from North to South. The Black Rock Isolated Danger Mark and the Shoreline under Pendennis Castle have outlying reefs. Competitors are advised to familiarise themselves with the extent of these reefs on the appropriate chart, and keep well clear.
- 10.5 A boat starting later than 20 minutes after her starting signal will be scored did not start without a hearing .This changes RRS 28.1 A4.1 and definitionA4 and A5

11 The Finish Line

This will be the Flushing Sailing Club line; this is an imaginary line through the transit marks above the clubhouse. A Z flag may be flown to replace a sound signal to mark finishing. It is recommended that all yachts note their time when crossing the finishing line.

12 Change to the next leg of the course or a shortened course.

Any information regarding the above may be given on the VHF channel 72 this alters rule 32 and 33 the Race Officer will attempt to ensure every competitor has received the relevant information, not hearing this is not grounds for redress.

13 Time Limit is 1830.

Rule 35 shall not apply.

14 Protests

A written protest shall be lodged with the race officer including a fee of £10.

Protests must be lodged within 1 hour of the finish of the last boat. The protest will be heard as soon as possible.

15 Scoring

As described in the COGS and FSC 2016 Notice of Race.

16 Safety Regulations

- 16.1 Yachts will carry a functioning VHF radio. The ISAF Offshore Special Regulations 2013-2016 are available from www.sailing.org.
- 16.2 Any communication requirement in these Sailing Instructions does not relieve skippers from their responsibility to maintain a proper radio watch at sea or to implement the correct distress and emergency communications procedures, when related to safety of crew, yacht and others at sea. Competitors not adhering to this procedure may be subject to a hearing.

16.3 Local rules In Carrick Roads and Falmouth inner Harbour yachts must keep clear of commercial shipping, which always has right of way.

16.4

17 Crew Lists:

All skippers shall confirm sail number and declare number of persons on board via VHF ch72 to the race officer on Sunday 29th May no later than 20 minutes before the first start radio silence must be kept after this time except if called by race committee or in an emergency.

A full list of crew racing must be held by shore based contact for the boat. The Yachts name and the Contacts telephone number MUST be sent to the race officer up to the day before the start at: kayeiprice@gmail.com or the representative for FSC Geoff Davis at: scorpion5592@gmx.com

18 Equipment and measurement checks

A boat may be inspected at any time for compliance with the class rules and these sailing instructions. On the water, a boat can be instructed by the race committee to proceed immediately to a designated area for inspection.

19 Radio communications

19.1 Each boat must have a working marine radio

19.2 Except in an emergency a boat shall neither make radio transmissions while racing, nor receive radio communications not available to all boats

19.3 A yacht that retires from the race or is unable to cross the finish line before the time limit (S.I. 13), shall notify the Race Officer or Flushing Sailing Club Race Committee by the following means.

The Race Officer: VHF Ch.72

Telephone: 01326 374043 R/O mobile 07815533640

20 Prizes

As listed in the COGS 2016 Notice of Race and for FSC boats racing are **W** class Robert Hitchens Trophy, **U** class W Jennings Bowl **Q** class the Orzel Cup.

21 Disclaimer of liability

Competitors participate in the racing entirely at their own risk. See RRS 4, Decision to Race. The organising authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the racing. See NOR Risk Statement

22 Two handed series -

All boats must enter the ByPN or IRC series. If a boat competes two handed and wishes to be included in the two handed series, the race officer must be notified within one hour of the finish time of the last boat.

Harbour chart available on FSC website Sailing Instructions.

Supplementary notices to competitors

- B Dinner and prize giving on Sunday 29TH MAY 2016** – All crews should meet at Flushing Sailing Club. The prize giving will be held when racing has finished or as soon as possible after the time limit when crews are gathered in the clubhouse. The bar will be open and food will be available. Royal Cornwall Yacht Club launch will be available from 8.30 am at RCYC and Flushing Sailing Club's launch will be available to pick up yacht crews after racing and can be contacted on channel M1.

Sponsors have provided a barrel of beer for competitors at £1 per pint..

- C Mooring in Falmouth** – Mooring is available on green buoys in the inner harbour or alongside the Enterprise boat moorings off Flushing also in Falmouth Marina (01326 216620 or Channel 80), the Yacht Haven (01326 312285 or channel 80) and Port Pendennis Marina (01326 211211 or channel 80). The Yacht Haven and Falmouth Marina are the most convenient for FSC. The Harbour Master (01326 312285 or Channel 12, and 16) has some visitors moorings and the RCYC launch (Channel 37) may be running until late afternoon. Falmouth Harbour water taxi can also be contacted on channel 3

Appendix A – Courses

IC numeral flag for the course will be displayed superior to the class flag at the warning signal

The course will also be broadcast by the Race Officer on VHF channel 72 approximately 20 minutes before the start.

(S) Indicates starboard hand (P) indicates port hand

M is sponsored by Cove Restaurant

Course 1

Manacles Buoy (P)

Gull Rock (P)

Black Rock Beacon (S)

Club Finish

Course 4

Manacles Buoy (S)

Maenporth (M) (S)

Black Rock Beacon (S)

Club Finish

Course 2

Gull Rock (S)

Manacles Buoy (S)

Black Rock Beacon (S)

Club Finish

Course 5

Maenporth Buoy (M) (P)

Gull rock (P)

Black Rock Beacon (S)

Club Finish

Course 3

Maenporth (M) (P)

Manacles Buoy (P)

Black Rock Beacon (S)

Club Finish

Course 6

Gull Rock (S)

Maenporth (M) (S)

Black Rock Beacon (S)

Club Finish

Course 7

Gull Rock (S)

Gwineas Buoy (S)

Course 0

Manacles (P)

Gwineas Buoy (P)

Manacles (S)

Maenporth (M) (S)

Black Rock Beacon (S)

Club Finish

Gull Rock (P)

Black Rock Beacon (S)

Club Finish

Course 8

Maenporth(M) (P)

Manacles (P)

Gwineas Buoy (P)

Gull Rock (P)

Black Rock Beacon (S)

Club Finish

Course Pennant second substitute

Gull Rock (S)

Dodman "C" Buoy (S)

Manacles Buoy (S)

Black Rock Beacon (S)

Club Finish

Course 9

Gull Rock (S)

Gwineas Buoy (S)

Manacles Buoy (S)

Black Rock Beacon (S)

Club finish

Course third substitute

Manacles Buoy (P)

Dodman "C" Buoy (P)

Gull Rock (P)

Black Rock Beacon (S)

Club Finish

Appendix B

Manacle Buoy (50.02`81.N 05.01`92 W) an eastern cardinal buoy marks the Manacles reef

Gull Rock (50.11`70N 04.54`30W) the whelps reef lies South West of the rock

Gwineas Buoy (50.14`49N 04.45`39W) an eastern cardinal buoy

C Dodman Radar target buoy (50.10`40N 04.47`50W) Yellow special buoy

Maenporth Buoy (M) Cove Restaurant (50.07`50N 05.04`80W) Yellow spherical Buoy