



From the Hon Sec Gaye Slater.

**Late Spring Mainsheet**

**News from Flushing Sailing Club**

Charity No. 1182993

**MMXX no 96**

## Stop Press

### Club Supper Venue Change

#### Club Supper 31<sup>st</sup> March 2020

As we have not been able to obtain a menu or price for this meal at the Cove, we have decided to move the venue to Café Mylor thereby supporting another of our members. The menu and price are set out below and we hope you'll love it! The staff are very willing to be flexible about dietary requirements and we even discussed the acoustics of the room.

#### **URGENT!**

**Please could you let me know by email or phone as soon as possible whether you can come?** Also what your choices and dietary requirements are\*.

Gaye Slater 01872 275120 (leave a message and contact details if need be)

[gayeslater@btinternet.com](mailto:gayeslater@btinternet.com) (please include your phone number)

**Please send in your full payment, choices and dietary requirements\* by Tues 17<sup>th</sup> March.**

**Payment over the bar at FSC**

**Or BACs:**

**Flushing sailing Club sort code 09-01-51 Account no. 99335508 (use full name and MC as reference)**

**Or by cheque payable to Flushing Sailing Club sent to Barry Kelly 12 Wellington Terrace Falmouth TR11 3BN**

**This event is also open to non-members, friends and family; it would be great to fill the place so please support us.**

**Flushing Sailing Club Supper Menu Next Page**



**Tuesday 31st March 2020**

**Starters**

Cream of Tomato Soup, Crouton, Basil Oil, Crusty Bread  
Pressed Ham Hock Terrine, Crisp Breads, Dressed Rocket, Piccalilli, Gherkins  
Grilled Smoked Tofu, Crisp Salad, Crushed Avocado, Chilli Jam, Peanuts,  
Coriander (Vegan)  
Goats Cheese & Fig Filo Parcels, Apple Chutney, Dressed Rocket & Beetroot  
Salad

**Mains**

Poached Chicken Breast, Cranberry, Apricot & Chestnut Stuffing, Chipolatas,  
Gravy  
Herb Crusted Hake Fillet, Wilted Spinach, Asparagus, Hollandaise  
Beetroot & Blue Cheese Beignets, Dressed Rocket Salad, Walnuts, Red Pepper  
Dressing  
Falafels, Bean Cassoulet, Tomato, Spinach, Olives, Balsamic Dressing (Vegan)

All served with roast baby new potatoes, winter root vegetables & greens

**Dessert**

Rich Fruit Pudding, Warm Brandy Creme Anglaise  
Eaton Mess  
Cinnamon dusted Apple Fritters, Maple Syrup, Vanilla Ice Cream  
Warm Chocolate Brownie, Chocolate Sauce, Clotted Cream  
Lemon Sorbet, Candied Orange and Lemon (Vegan)  
Cornish Brie, Celery, Grapes, Apple Chutney, Crackers

Filter Coffee/Tea & Shortbread

**£25 per person – 3 courses or £20 per person – 2 courses**  
**Wine starts at £16 per bottle**

The Annual General Meeting of Flushing Sailing Club CIO will be held at 20.00pm on Tuesday 17th March 2020 at FSC Clubhouse.

**AGENDA**

1. Apologies
2. Minutes of the last AGM 2019
3. Matters Arising
5. Commodore's Report
6. Hon. Secretary's Report
7. Hon. Treasurer's Report
8. Sailing Secretary's Report
9. Election of Trustees, Officers, Committee Members
10. Appointment of Reporting Accountant
11. Any other business

After the AGM the Commodore invites you to stay for a drink. There will then be a short presentation by Dave Owens and John Hicks on the progress of plans for the Clubhouse and an open forum where the Committee will be on hand to answer your questions and hear your views and suggestions.

The following Club Members have been proposed as Candidates by the Management Committee and Trustees of the Club for election at the AGM

President: Roger Little  
Commodore: Gaye Slater  
Vice Commodore: Len Cheshire  
Rear Commodore: Yet to be nominated  
Sailing Secretary: John Hicks/David Mitchell  
Treasurer: Barry Kelly  
Secretary: Sue Clark  
Membership Secretary: Paul Evans.  
Committee: Chris Bell Charlie Choak Geoff Davies Derek Hill  
Dan Tregaskes  
6 Charity Trustees: Kaye Price Dave Owens John Maunder Peter  
Harvey Jeanette Hill

Richard Shapland has decided to stand down as Trustee as this conflicts with his role as Reporting Accountant.

The following Club Members have been proposed as Candidates for election as members the Managing Committee of the Club at the AGM.

David Mitchell Proposed by Malcolm Clark Seconded by Gaye Slater

## \*\*\*\*\* SAILING \*\*\*\*\*

The season is approaching rapidly, so FSC has two events to make sure Skippers and Race Officers will be ready to go.

### **10<sup>th</sup> March Racing Rules of Sailing Alex Davis**

Alex will come prepared to raise issues about the rules and offer lively debate on who is right and who is wrong! Also, there'll be plenty of opportunity to raise the questions that you want to resolve.

### **24<sup>th</sup> March Skippers'/ROs' Briefing**

This is a must for all Skippers and ROs – a few things have changed from last year, so make sure you attend to be clear on the changes.

### **IRC handicap from Geoff Davis**

It's that time of year again, time to apply for your 2020 handicap rating. That computer in that faraway place will consider how you raced last year and if your handicap should be changed. With any luck it may go down a point or two. A point is roughly the same as 4sec in the hour, it may not seem much but when that finish line is fast approaching after a long battle against the weather and those boats close to you and you have that big shiny trophy set in your mind. 4 sec can be "Have we done it or not?"

Each boat's rating (her 'handicap') is calculated using measurements of the boat; her length, weight, draft, rig size, sail area, and specific characteristics and features. The resulting time corrector, the boat's 'TCC', is her handicap. The higher the TCC figure, the faster the boat's potential speed; IRC TCCs range from 0.750 to 2.000, with the majority of cruiser/racers between 0.900 and 1.100.

It is open to all types, sizes and ages of boats. IRC permits features such as asymmetric spinnakers, bowsprits, twin, triple, wing and drop keels, twin masts, gaff rigs, water ballast, canting keels, 'code zero' headsails, lateral dagger boards etc., and deals with these features as equitably as possible.

So, if it is the first time that you have applied, Mel at A2 rigging is the person to approach he will guide you through the application form. He is the IRC RORC local rating man. The next thing to think about is do I need an endorsed cert. or just a standard one. For club racing the standard is OK So with a standard cert. the boat doesn't have to be weighed or measured by a licenced person, and you can measure the length of the boat and your sails yourself. If you are not sure how to do it your local sailmaker should be able to help you.

You can if you are really keen, and would like to, get the best possible handicap. A trial handicap certificate can be applied for. So, then you can try different combinations and sails to perhaps get that handicap number you are looking for.

Your first step when applying for a IRC handicap is to have a look at the Web site <https://ircrating.org/> where you will find lots of helpful links and information which will help you with your application.

For information, below is a little formula to calculate the exact time difference per hour of opposition boats.  $(Hy/Hh-1) \times 60 = \text{Minutes difference per hour exactly.}$

Or if you must have the answer in seconds/hour multiply again by 60. Where---- Hy is your IRC tcf. and Hh is his (the opposition) IRC tcf (time correction factor).

### **FSC Barrel Regatta:**

On Sunday May 17th FSC are holding a Barrel Regatta open to all classes. Put the date in your diary now. Details still to follow. (**What is this about? ED.**)

### **Lottery News**

We are now six months into this year's lottery results, so if you have not won yet you have another eighteen chances.

A big thank you to the winners who have made a donation to the building fund.

February winners are Ros Hayes, John Hicks and Nick Voller.

Len Cheshire is still holding unclaimed prizes for the following people: - Martin Brooks, James Parker, Stephen Miles, J Laity and Stuart Higgins. To claim these prizes, call Len (01326 340425) or see Len at the club on a Tuesday evening.

## **Out of sailing season Tuesday evening activity.**

It has been a very enjoyable winter programme so far this year with lots of support from club members and Flushing villagers.

In January we all enjoyed some wonderful stories of "daring do" about two very courageous sailors, Francis Chichester and John Illingworth. Very different characters, their paths crossed when Chichester asked Illingworth to design Gypsy Moth IV.

Charles Richardson described some of the amazing life experiences of both men. Illingworth's career in the Royal Navy and in ocean racing - often called the father of ocean racing - and Chichester's career as a 'daredevil'!

Chichester's autobiography "The Lonely Sea and the Sky" comes highly recommended as a good read before the sailing season starts in April.

Talk on the OSTAR 2017 by Mervyn Wheatley

Mervyn's talk was an impressive story of his thoughts and reactions sailing his yacht Tamarind in the OSTAR 2017. We were all impressed with his calm portrayal of sailing in extreme weather conditions, keeping afloat in hurricane force winds and a fierce sea with waves 15 metres high, and finally losing all control of the vessel. We sensed the tremendous relief when he was finally rescued by the liner the Queen Mary 2 and thoroughly enjoyed his wonderful observations of events and sense of humour telling this inspirational and very special story.

Following the vote of thanks Mervyn's response as a guest speaker at our club. "I really enjoyed the evening. It was a very attentive audience and the most protracted session of interesting and intelligent questions I have had in twenty talks. It was also good to see that rather unruly bunch from the last AZAB! Thank you also for your generous donation to my Royal Marines Charity. I know they will be very grateful. Mervyn"

Andrew Nancarrow talked about the reconstruction of the Lifeboat 13, built for the Titanic exhibition at the Maritime Museum.

It was absolutely fascinating to see how the research for the reconstruction of lifeboat 13 has brought history to life. It was also good to hear that one of the positive outcomes from that fateful night was the start of the evolution of better safety regulations.

'This project was important because it brought history alive. The research process gave a better understanding of the past and developed a deeper understanding of the project. During the actual build, which took place in the museum's boat building workshop, we became a living exhibit. Visitors like to come back and see the weekly progress, and they are able to come into the workshop and chat with the team as we work, asking us questions.' Andrew Nancarrow.

Great turnout for the AZAB talk. Stephen Hills gave us an idea of the complexities of preparing for the race in a brand-new yacht 'Just Plain Crazy', a JPK. Many decisions had to be made from selecting the sail wardrobe to computer software to use weather data to plot the fastest course to choosing a reliable auto pilot ... and many more!

Extracts from his log and mobile phone video clips gave us a sense of the stress levels they experienced sailing in 40+ knots of wind and then the tension fighting for first place approaching the finish in light airs.

The Atlantic Row Talk by Jonathan Davies and Andrew Barry.

An amazing insight into the World's Toughest Row. The talk explained the commitment needed preparing for this challenge. As well as boat management, the team of four trained hard to the peak of physical and mental strength to complete this challenge.

A very interactive evening with lots of questions and honest answers backed up with some graphics of painful salt sores.

On top of all this they raised money for the Urology Foundation and the Children's Hospice Southwest. Many thanks to all of you at the talk last night who made contributions totalling £109 in Charlie's pint glass on the bar towards these charities. Thank you for your support and we hope to see you for the four remaining talks before the sailing season starts. **If you missed the past talks, there are 6 Tuesday evening events to come before Racing starts DON'T MISS THEM.**  
Jenny Jakeways

**Winter Programme February and March**  
**TUESDAY evenings. Bar opens at 7:30 and talks**  
**begin at 8pm**

**Admission free. Non-members welcome**

~~25<sup>th</sup> Feb~~ The Plight of the Bumblebee ...and other pollinators. Prof Juliet Osborne has been studying bees, for over 20 years talks about what is being done to protect their populations in Cornwall.

**3<sup>rd</sup> March** Cornish authors Sue Kittow and Jane Cable talk about the works of Daphne Du Maurier and Winston Graham's **Pol-dark.**

**10<sup>th</sup> March** Racing Rules of Sailing; Workshop with Alex Davies.

**17<sup>th</sup> March** **\*\*\*\*FSC AGM\*\*\*\***

**24<sup>th</sup> March** Race Officers' and Skippers' Briefing. Collect SIs

**31<sup>st</sup> March** Club closed, **Supper at the Cove Restaurant**

**4<sup>th</sup> April** Racing starts

## PORT NOTICE TO MARINERS

NO. 03 OF 2020

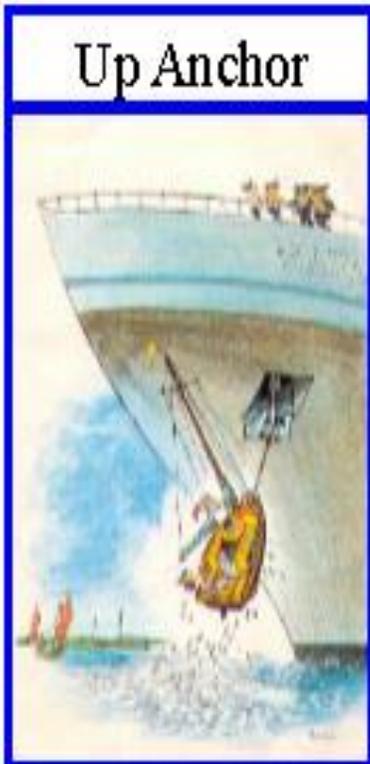
### Fishing gear laid within the Harbour Area

NOTICE IS HEREBY GIVEN that: fishing gear that does not conform to the MCA Code of Practice for marking has been reported as present in the harbour approaches. Mariners are advised to keep a good lookout for inadequately marked fishing gear and report sightings to the Harbour Office.

Fishermen laying gear in the Harbour Area are reminded that gear should be laid and marked in accordance with the Code of Practice (link below) which can be located on the FHC web site. Failure to operate in accordance with the Code of Practice may result in committing an offence under FHC Bye-Laws and / or create a civil liability in the event of damage being caused to a vessel.

<https://www.falmouthharbour.co.uk/wp/wp-content/uploads/30-210-01-Code-of-Practice-forthe-Deployment-and-Marking-of-Fishing-Gear.pdf>

HARBOUR OFFICE    M J SANSOM FALMOUTH    HARBOUR MASTER



Even if this never happened to you, I would like to run a **confession corner** so would welcome contributions, there must be something in every sailor's memory bank. Come on you lot admit it to us all. Send to me at; [hydraulicjack@ic24.net](mailto:hydraulicjack@ic24.net)

### Definition of the Month

**BAR**, comes as two types. Can be a plank of polished wood found in many Sailing Clubs or be a shallow spit off the mouth of an estuary or harbour. Sailors can be found leaning on both types of BAR, often in a state of loud voiced excitement! Both types can be rather expensive.

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## **A Reminder**

**Keep this date free:**

~~Meal at The Cove 31st  
March 2020:~~

~~The rumour machine has been  
working hard and news has  
spread quickly that Arty has sold  
the Cove. We have been assured  
that our booking for 31st March  
will still go ahead so please put  
the date in your diaries.~~

~~Your Hon Sec will have details  
and be gathering bookings  
during February.~~

~~so please contact Gaye at:  
gayeslater@btinternet.com or  
ring 01872 275120~~



## **Pressure Design.**

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and Electronic Control Engineers.

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## **Information**

For members who may not have access to a computer we will place a hard copy of each Mainsheet in a folder in the clubhouse for their convenience.

## Membership

For those who would like to join and support the Flushing Sailing Club these are the fees.

Application forms at the bar where payment can also be made together with the completed form.

<b>Family</b>	2 adults and children up to 25 years	<b>£85</b>
<b>Single</b>	Adult 18 years or older	<b>£75</b>
<b>Pensioner Family</b>	2 Adults aged 70 years or older	<b>£65</b>
<b>Pensioner Single</b>	Adult 70 years or older	<b>£55</b>
<b>Outport Family</b>	Family living outside Cornwall	<b>£65</b>
<b>Outport Single</b>	Adult living outside Cornwall	<b>£55</b>

### The Giving Machine

I know Christmas is over, but we still buy things throughout the year, so please remember to use the Giving Machine website when buying anything on-line. There are thousands of sites that will give us a donation if you buy through it. Every little helps towards our new Clubhouse. <http://www.thegivingmachine.co.uk/causes/flushing-sailing-club>.



For those who like movies and still have time to waste, see our little video of Falmouth Sailing Week. Copy this link into YouTube  
<https://www.youtube.com/watch?v=U-W82EHhnUA>

# FALMOUTH

## Sailing WEEK

8th - 15th August 2020

*Seven Days of World Class Racing in Cornish Waters*

**Are you looking for your next sailing challenge?**

Whether you are a competitive or a novice sailor,  
we have a Regatta race for you:

### Bay Fleet

Three daily standalone Regattas  
(Sun, Mon & Tues, 2/3 races per day)  
Ancasta Champagne Race (Wednesday)  
3-Day Series:  
(Thurs, Fri & Sat, 3/4 races a day)

IRC classes, YTC local handicap system classes  
including White Sail (no Spinnakers),  
IF Boats & Firebird Catamarans.

### Carrick Fleet

A seven day event in  
Falmouth's Carrick Roads.  
(Daily Regattas of one race per day).

Dinghies, Falmouth Working Boats & Gaffers,  
Sunbeams, Ajaxes, Dayboats, Cabin Boats,  
Shrimpers & Flying Fifteens.

Falmouth Sailing Week (organised by The Port of Falmouth Sailing Association) offers a variety of Regattas for all to partake in. A reception will be hosted for all competitors on Saturday 8th August at the RCYC. Falmouth's local Sailing and Yacht Clubs will hold prizegivings each evening with shoreside entertainment carrying on into the night down at Events Square.

Want more information? Looking to sign up?

[falmouthweek.co.uk/sailing-week](http://falmouthweek.co.uk/sailing-week)

01326 211 555

