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2026

Sailing Instructions

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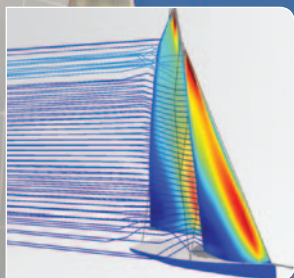
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Commodore's Welcome to 2026 Sailing Season

This is the final time that I write the introduction to our handbook. By the time the season starts we will have elected a new Commodore at the AGM.

Your sailing team have once again put together a packed calendar for the season ahead of us with racing starting on 4th April and running through to 31st October. As in previous years we have tried to ensure that racing is as varied as possible, so that you get maximum enjoyment from the season.

Falmouth Sailing Week is on from August 9th to August 15th. Remember to get your entries in early to benefit from the discount! Other major events to highlight would be Falmouth Classics 12-14th June and Flushing Village Regatta on 1st August.

We plan to continue to use our fabulous robotic mark for the pin end on our committee boat starts. And as has already been announced we are hopeful that by then we will also have a new committee boat in place. There are some minor course changes proposed for 2026, these will be explained in full at the pre-season Skippers and Crew Briefing. We will also be undertaking some Rules and Race Officer training prior to the start of the season. You and your crew are very much encouraged to support both initiatives.

The crew WhatsApp Group continues to prove its worth. It is really encouraging to continue see so many younger faces, particularly on a Tuesday evening. Our links with the University and the Marine School continue to develop, and we have an ever-increasing number of people hoping to get on the water with us.

I'm sure one of the reasons that Tuesday evening racing is so popular is the quality of the food once you come ashore. For 2026 we will continue to use the same WhatsApp group for you to order your food beforehand. This makes life so much simpler for our caterers and significantly cuts down on food waste as well. And, of course, not forgetting our fabulous team of volunteers who provide tea and cake on a Saturday.

Over the winter The Committee have consulted directly with the RYA on the question of safety afloat. We have reviewed our Sailing Instructions and our guidance to Race Officers. Once again this will be a major focus of our Skippers' Briefing (to which crew are also very much invited) before the start of the season.

None of that is a guarantee that something somewhere won't break unexpectedly, or an exceptional gust of wind won't catch you at the most inconvenient time possible. But it will leave us all better prepared if that does happen. We are also fortunate to have an exceptionally supportive Harbour Master and team, which in turn makes it essential we follow the various Harbour Byelaws and Regulations.

Enjoy your racing
Peter Harvey
Commodore FSCIO

CONTENTS

Commodore's Welcome	3
The Port of Falmouth Sailing Association in 2026	4
FSC Sailing Instructions	17-21
Appendix B	22
FSC Sailing Calendar	26-27
Appendix A Carrick Roads Inner Harbour	28-31 31-33
Appendix C	34
Appendix D	35
FSC Safety Policy	36-38
Race Officer List	39
Club Contacts	40
Club Trophies	41-42
FSC QR codes Food & Crewing	44
Local Business Discount Scheme	50

*Cover photo - A Little Trifle
taken by Patricia Robbins.*



The Port of Falmouth Sailing Association in 2026

Welcome to another season in what has to be the finest of sailing waters.

The racing scene in Falmouth in 2025 was very full and varied, leaving our sailors spoilt for choice. We congratulate all our competitors, from those who ventured offshore to take part in, among others, the Fastnet Race, to those who enlivened our creeks with the traditional Village Regattas and regular club racing and regattas.

We frequently had quite challenging conditions in 2025 with either too much or too little wind. It is always disappointing when events have to be cancelled or abandoned. Let's hope that 2026 brings more of the balmy conditions we all love.

Often in spite of the weather, our PoFSA club volunteers also turn out regularly to run races and shoreside events throughout the season. Their efforts are greatly appreciated by our sailors, and all this adds to the vibrance and colour of our unique port.

For me a high point on the calendar is always Falmouth Sailing Week. It is a unique 7-day event which is gaining recognition among other major regattas along the south coast. If you can't or don't want to do 7 days, there are 3-day series and Wednesday features a very popular stand-alone race.

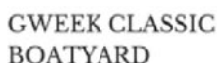
FSW also brings all the PoFSA clubs together to pool volunteers and resources. In the Bay fleet the deployment of Mark Set Bot marks (robotic race marks) has become established as a valuable aid to setting courses and raising the bar. Our thanks go to our sponsors who have helped subsidise their use.

To augment the existing navigation marks in the Carrick Roads and Falmouth Bay, POFSA is delighted to have entered into an agreement with Falmouth Harbour to manage the laying and retrieval of the generously sponsored race marks. The arrangement will enable the clubs to continue to organise varied and interesting racing in our amazing waters.

We hope you enjoy your sailing in 2026.

Gaye Slater, PoFSA Chair

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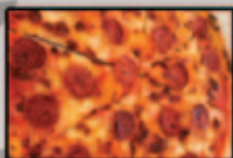
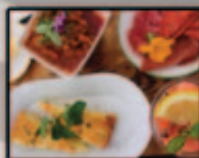
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FLUSHING SAILING CLUB SAILING INSTRUCTIONS

1. RULES

1.1 Club racing will be governed by the rules as defined in *The Racing Rules of Sailing 2025 - 2028*.

1.2 Racing Rules & Race Signals have changed as follows:

- | | | |
|-----|-------------------------------|--|
| (a) | RRS A4 | see rule 9.7 |
| (b) | RRS A5 | see rule 9.7 |
| (c) | RRS A5.3 | shall apply with amendments, see rule 19.5 |
| (d) | RRS 29.2 and RRS Race Signals | see rule 9.8 |
| (e) | RRS 32.2 | see rule 14.1 |
| (f) | RRS 35 | see rule 17.3 |
| (g) | RRS 40 | see rule 24.2 and 24.3 |
| (h) | RRS 44.1 | see rule 16 |

1.3 2026 IRC Rules Part A, B, C & D.

1.4 AMENDMENT TO IRC RULE - IRC Rule 22.4.2 to change to IRC Certificate crew number + 1.

2. LOCAL RULES

- (a) Racing is prohibited inside mooring areas as defined in the chart Appendix B. After her preparatory signal until finishing or retiring, no boat shall sail inside, or touch, the straight line joining the course side of the moorings. A boat that touches or crosses the line joining the course side of the moorings may NOT be exonerated by accepting a penalty. For the avoidance of doubt, touching a mooring buoy shall be regarded as touching the line joining course side of the moorings. The Race Committee may disqualify a boat that breaks this rule, without a hearing.
- (b) Boats racing in the fairway should be prepared to give increased clearance to occupied moored boats. Boats racing nearby may expect a boat to call water and tack earlier in the vicinity of occupied boats.
- (c) For clubhouse starts / finishes, prior to racing and after finishing no boat should navigate within any mooring area as shown on Appendix B, **except that**:
 - (i) When making way towards the start line from their mooring, and from the finishing line to their mooring, and if necessary in order to avoid boats racing in the fairway, boats may navigate at reduced speed and with due caution inside the first row of moorings next to the fairway on the Falmouth side.
 - (ii) In addition, boats making way to or from a mooring on the Flushing side shall cross the fairway at right angles.
- (d) St Mawes South Cardinal Mark: racing boats shall at all times keep to seaward of this mark whilst racing.
- (e) Commercial Shipping: competitors shall not interfere with any commercial vessel. Competitors who interfere with commercial vessels shall be protested by the Race Committee under RRS Part 2 Pre-amble and may be disqualified.
- (f) Diving: no boat shall interfere with any diving activity as defined in SI 15.2.
- (g) VHF Radio Channel 72: no boat shall, from 18.05hrs on Tuesdays, 13.20hrs on Saturdays broadcast on Channel 72 except when contacting the Race Officer or when requiring emergency assistance.
- (h) All competitors should be aware of the increased presence of 'free swimmers' and keep a good lookout. They are hard to spot and represent a clear risk.
- (i) When the course is two courses combined, FIN is deleted from the first course. Completing the first course at the gate you will sail to the first mark of the second course and continue to sail that course. The course length will be 0.8 Nm shorter than the combined lengths.

3. NOTICES TO COMPETITORS

- 3.1 Notices to competitors will be posted on the FSC website and on Flushing Racing WhatsApp group at least 24 hours before they are to take effect.
- 3.2 In the event of a commercial shipping movement during race times a white flag will be flown on the Club flagstaff and on the Committee Boat.
- 3.3 The Race Officer's Team will broadcast course information on Channel 72.

4. CHANGES TO SAILING INSTRUCTIONS

- 4.1 Any changes to the sailing instructions will be posted on the FSC website and on the Club notice board at least 24 hours before they are to take effect.

5. SIGNALS MADE ASHORE

- 5.1 When there is a Committee Boat start an orange flag will be flown from the Club flagstaff.

6. SCHEDULE OF RACES

- 6.1 Racing will take place on Tuesdays and Saturdays. Special races may be sailed on other days which will be shown in the FSC handbook Sailing Calendar.
- 6.2 Special races will be subject to separate Sailing Instructions.

7. SCHEDULED START TIMES

		Club start line/ Committee Boat	Club start line
		Tuesday	Saturday
Flag	Warning Signal	18.00	13.45
	Preparatory Signal	18.05	13.50
M	Multi Hulls	18.10	
Q	IRC 1	18.15	
E	IRC 2	18.20	
U	IRC 3	18.25	
1	RYA/YTC 1		13.55
2	RYA/YTC 2		14.00
V	Sunbeams	18.30	14.05
W	RYA/YTC	18.35	
G	Handicap Gaffers	18.40	14.10
			Harbour start line
M	Multihulls		14.25
B	Large Working Boats	18.45	14.30
C	Small Working Boats	18.50	14.35

Class splits for IRC 1, 2 & 3 will be advised
on FSC website & Flushing Racing WhatsApp.

8. STARTING SIGNALS

Warning signals will be made 10 minutes before each start. Preparatory signals will be made 5 minutes before the first start. After the first preparatory signal, the start for each class will be the preparatory signal for the next class. Signals will primarily be made on VHF Channel 72. Flags may be used at the discretion of the Race Officer. When flags are being used, the P flag will go up for the first start and remain until the last start (see Scheduled Start Times). This changes RRS 26.

9. THE START

- 9.1 Starts will be from the Club line, or from a Committee Boat in the Carrick Roads if an orange flag is flown at the Club. Classes M, Q, E, W, & U may be set courses extending to Falmouth Bay.
- 9.2 On Tuesdays and for some special races, the start line will be between a mast on the Committee Boat displaying an orange flag and a buoy displaying an FSC burgee.
- 9.3 All classes on Saturdays except classes M, C and B will start from an imaginary line through the transit marks situated at the clubhouse.

- 9.3.1 To avoid congestion, competitors should stay away from the starting area until their warning signal. If necessary wait further down the fairway or pick up a mooring.
- 9.4 On Saturdays and for some special races M, C and B Classes will start between a mark displaying an FSC burgee and an orange flag on a Committee Boat moored in the Inner Harbour.
- 9.6 After rounding the first mark, boats shall not pass through the start line in either direction. The penalty shall be disqualification.
- 9.7 A boat that does not start within 4 minutes after her starting signal shall be recorded Did Not Start without a hearing. This changes RRS A4 and RRS A5.
- 9.8 General Recalls: IC flag First Substitute will be displayed until all boats have returned or until 4 minutes after the starting signal whichever is earlier. The starting signal of the last class in the starting sequence will be the warning signal of the recalled class. In the event of more than one general recall, their starting sequence shall be in the same order as the scheduled starts.

10. CLASS FLAGS

Class flags shall be displayed from the stern or mainsail leech by all boats except Classes M & V. W Class – boats sailing without spinnaker should display both W and N flags.

11. COURSES

- 11.1 Courses appropriate to the wind direction will be selected from groups of courses shown in Appendix A or be RO choice. The course to be sailed will be announced on VHF Channel 72.
- 11.2 Appendix A shows courses for Inner Harbour starts and courses for Carrick Roads starts.
- 11.3 More than one course may be given in succession for a class. The last mark of the first course shall be the Gate, followed by the first mark of the second course.

12. MARKS

- 12.1 Marks are as shown on the chart in Appendix C.
- 12.2 In the case of special races, marks other than those shown in Appendix C may be used, some of which may be virtual marks.
- 12.3 The gate will be the last mark of every course in Appendix A. Boats should pass through the gate east to west before proceeding to the finish.
- 12.4 If 2 rounds are to be sailed the turning mark will be the gate. Boats must pass through the gate east to west before commencing the second round.
- 12.5 All marks are rounding marks.

13. THE FINISH

- 13.1 Club finish: the Club finish line is an imaginary line through the club transit marks.
- 13.2 On Tuesdays M class will self-finish at the gate.

14. SHORTENING COURSES

- 14.1 Harbour finish: when IC flag S is displayed on a Committee Boat positioned in the area of the Gate, the finish line will be through the Gate. Course changes will be announced on VHF Channel 72. Those classes whose courses are shortened will finish from the direction of the last mark. This changes RRS 32.2.

15. AREAS THAT ARE OBSTRUCTIONS

- 15.1 Mooring areas: straight lines between the course side of the mooring buoys (whether a vessel is attached or not) on the outer line on both sides of the fairway are designated as continuing obstructions. See Appendix B.
- 15.2 Diving activity: a 30m exclusion zone around a dive boat displaying IC flag A, an orange pillar mark indicating a diver beneath the surface, and a diver on the surface are designated obstructions. No competitor at any time is to enter the exclusion zone.

16. PENALTY SYSTEM

For all classes, RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

17. TIME LIMIT

17.1 Race time limit will be 20.45hrs for evening races. If at least one boat in a class finishes within the time limit an extension of 30 minutes is allowed for that class only.

17.2 For afternoon races the time limit is 17.30hrs. There will be no extension.

17.3 In classes where more than one round is scheduled and no boat in the class completes the course within the time limit, the Race Officer may at his/her discretion declare a result based on times at the end of the first round. RRS 35 will not apply.

18. PROTESTS AND REQUESTS FOR REDRESS

18.1 Protest forms are available at FSC and on the website.

18.2 The intention to protest must be declared either to the FSC Commodore, Vice Commodore, Hon. Sailing Secretary or the Race Officer within 60 mins of the time limit of the race. Written protests must be received by 18.00hrs on the day following.

18.3 Protests will be heard in the clubhouse at 19.30hrs on a date to be notified to the protested and protestor.

18.4 Misleading or incorrect information given out by radio will not be accepted as a valid reason to protest.

19. SCORING

19.1 When a skipper/owner carries out Race Officer duties during a series, the boat will be awarded points equal to her average points in the series.

19.2 If the skipper/owner carries out Race Officer duties and the boat sails, the boat will be awarded points equal to its finishing position in that race.

19.3 Race discards will operate as follows:

All class start series where 4 or more races take place - 1 discard allowed. All series where 6 or more races take place - 2 discards allowed. Pursuit series - no discards allowed.

19.4 Pursuit races will be subject to special instructions. Start times will be published on FSC website and Flushing Racing WhatsApp group.

19.5 Rule A5.3 is amended to read – A boat that crosses the start line within her allotted time but did not sail the course or retires shall be scored points for the finishing place one more than the number of boats that started the race, and a boat that did not start shall be scored points for the finishing place one more than the number of boats that sailed at least one race in the series.

20. WHITE SAIL & PURSUIT RACES

Boats competing with a white sail handicap shall use only upwind sails, and no more than two upwind sails, on all points of sailing. Boats shall stay in the same sail format for all races in a series.

21. HANDICAPS

IRC entrants shall produce their 2026 certificates prior to racing. RYA/YTC entrants shall produce their 2026 certificates prior to racing. IRC boats which change their handicap during a series will be scored for the whole series on the higher handicap. IRC boats should also have an RYA/YTC certificate for Pursuit Races. For Pursuit Races, FSC will apply a start time for boats without a certificate.

22. ABANDONMENT OF RACES

When races are abandoned any signals will be made as early as possible and will continue to be displayed until the last affected class start time. Points races will not be re-scheduled. Special races may be re-scheduled at the discretion of the Race Committee. Notification of re-scheduled races may be posted on FSC website and Club notice board.

23. RACE COMMITTEE

The Race Committee shall consist of the Vice Commodore, Sailing Secretary and the Race Officer.

24. SAFETY REGULATIONS

24.1 A boat retiring from a race must inform the Race Officer by radio or phone the Sailing Office within 60 mins. Tel: 01326 375980. Competitors failing to do so may be protested by the Race Committee and scored DNE (non-discardable disqualification). This changes RRS A4.

- 24.2 MOCRA competitors shall wear personal flotation devices at all times when afloat. Wet suits and dry suits are not flotation devices. This changes RRS 40.
- 24.3 For all classes except MOCRA, personal flotation devices are highly recommended at all times while afloat. Flag Y will not be flown. This changes RRS 40.
- 24.4 Safety equipment shall be carried in accordance with class rules and those specified in the Notice of Race.
- 24.5 Anchors shall not be carried forward of the stem or with any part outboard, except when anchoring.
- 24.6 All crew racing are requested to complete the Emergency Contact Form before sailing via a QR Code available on the FSC Crewing and Racing WhatsApp groups and the Notice Board in the clubhouse. This only needs to be completed once provided the information remains valid.

25. BAY SERIES RACES and GULL ROCK/MANACLES RACE

- 25.1 A Google form will be provided for safety information to be filled in for each boat competing.
- 25.2 The Skipper must ensure that the Race Officer has a record of the yacht finishing or retiring as each yacht must be accounted for at the end of the race. Failure to do so may incur a penalty.
- 25.3 Race instructions will be available on the FSC website and FSC Clubhouse and Flushing Racing WhatsApp.

26. PRIZES

Prizes will be presented at Flushing Sailing Club's annual Prize-Giving unless alternative arrangements have been made.

27. EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected at any time for compliance with the class rules and Sailing Instructions.

28. INSURANCE

Each participating boat is required to hold adequate insurance for racing and in particular to hold insurance against third party claims in the sum of at least £3,000,000.

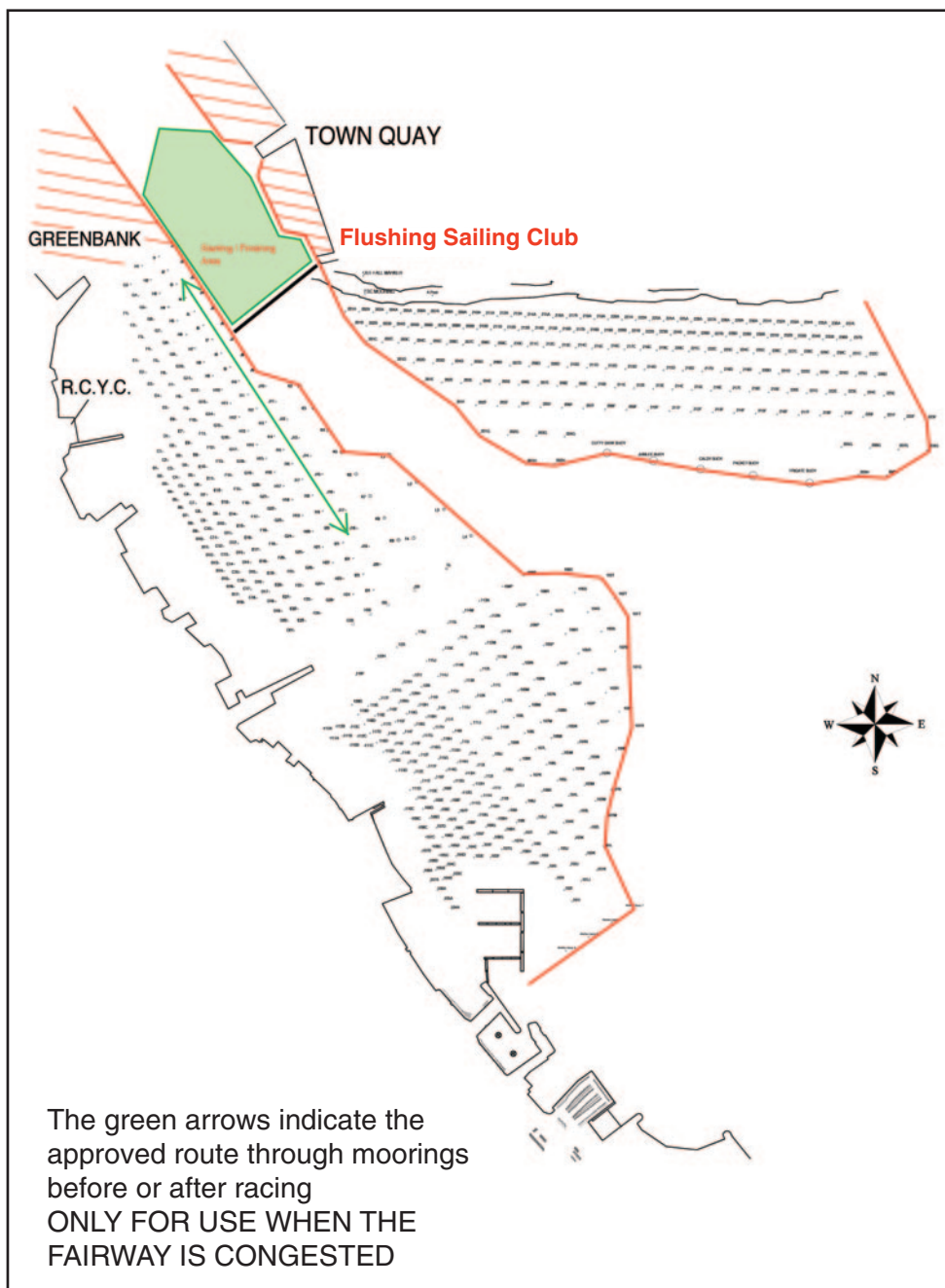
29. RISK STATEMENT

Rule 3 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone".

Sailing is by nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- (b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions and omissions;
- (d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- (e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- (f) For offshore races they are responsible for ensuring that their boat is equipped and seaworthy so as to be able to face extremes of weather; that there is a crew sufficient in number, experience and fitness to withstand such weather and that the safety equipment is properly maintained, stowed and in date and is familiar to the crew;
- (g) It is their responsibility to familiarise themselves with any risks specific to the venue or event drawn to their attention in any rules and information produced for the venue or event and to attend any safety briefing held for the event;
- (h) Flushing Sailing Club does not provide patrol boat / safety boat cover for the duration of the racing. It is incumbent on fellow competitors to go to the aid of a vessel in distress. At least one such competitor capable of taking the distressed vessel in tow shall stand by the distressed vessel until the situation is resolved.

Appendix B: Mooring Restrictions Chart



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Global Reach
Local Presence

SOLD

20,000
Boats sold so far



**Big
Data**

Matches Buyers
with Sellers



SCAN ME TO DISCOVER MORE



Do you know where your boat is?

Live mooring & boat monitoring.
Instant alerts to your phone.
Total peace of mind.



SECURE
Physical security



SHIELD
Electronic monitoring



STEALTH
Hidden protection



Scan me or email
info@seasight.world



2026 FSC Merchandise including FSC Logo

Caps and woolly hats £10

T Shirts £10

Polo shirts £15

Sweatshirt £19

Hoody £20

Zipped (full) hoody £25

Soft shell jacket £30

Extras:

Emblem/boat name under FSC Logo £2

Printed name large size on back £3.50

***Please order and
pay over the bar***



FSC SAILING CA

Hot suppers will be served in The Club

MARCH

Tues 17th AGM

Tues 31st Skippers/Crew Briefing

APRIL

Sat 4th Mylor Chandlery Pursuit Series R1/4

Tues 7th Heather & Lay Pursuit Series R1/4

Sat 11th Mylor Chandlery Pursuit Series R2/4

COGS Fal/Fowey

Tues 14th Heather & Lay Pursuit Series R2/4

Sat 18th Mylor Chandlery Pursuit Series R3/4

Tues 21st Heather & Lay Pursuit Series R3/4

Fri 24th COGS Salcombe

Sat 25th Mylor Chandlery Pursuit Series R4/4

Tues 28th Heather & Lay Pursuit Series R4/4

MAY

Sat 2nd Ancasta Boat Sales Series R1/6

Sun 3rd Fal Tyres Bay Series R1/3

Tues 5th Pendennis Shipyard Series R1/5

Fri 8th COGS Roscoff

Sat 9th Ancasta Boat Sales Series R2/6

Tues 12th Pendennis Shipyard Series R2/5

Sat 16th Ancasta Boat Sales Series R3/6

Tues 19th Pendennis Shipyard Series R3/5

Sat 23rd Ancasta Boat Sales Series R4/6

Sun 24th The Fish Cabin Gull Rock Manacles Race

Tues 26th Pendennis Shipyard Series R4/5

Sat 30th Ancasta Boat Sales Series R5/6

Silver Sunbeam COGS Plym /Fowey

JUNE

Tues 2nd Pendennis Shipyard Series R5/5

Sat 6th Ancasta Boat Sales Series R6/6

Tues 9th Rattler Cyder Series R1/4

Thurs 11th Fox Construction Cup

12th - 14th Falmouth Classics

Sat 13th No Racing at FSC

Tues 16th Rattler Cyder Series

Sat 20th Penrose Sailmakers

Tues 23rd Rattler Cyder Series

Fri 26th

Sat 27th Loe Beach Regatta

Tues 30th Rattler Cyder Series

JULY

Sat 4th Charity Race: Tur

Sun 5th Fal Tyres Bay Series

Tues 7th Fox Construction

Sat 11th St Mawes Social

Tues 14th Fox Construction

Sat 18th Charity Race: RN

Tues 21st Fox Construction

Fri 24th

Sat 25th St Mawes Town

Tues 28th Fox Construction

AUGUST

Sat 1st Flushing Village

Tues 4th Healeys Cyder Series

Sat 8th No racing at FSC

9th to 15th Falmouth Sailing

Mon 17th Falmouth/Fowey

Tues 18th Young Helm/Crew

Sat 22nd Royal Standard S

Sun 23rd Percuil Regatta

Tues 25th Healeys Cyder Series

Sat 29th Portscatho Village

Sun 30th Fal Tyres Bay Series

CALENDAR 2026

clubhouse every Tuesday after racing

COGS Eddystone

Series R2/4

G Class Backwards Race

ers Mid Summer Regatta

ies R3/4

COGS/Helford LAW

ta

ies R4/4

n to Starboard

ies R2/3

Series R1/4

Regatta

Series R2/4

G Class Backwards Race

LI

COGS Fal/Penzance

Series R3/4

COGS PASAB

Regatta

Series R4/4

Regatta

ies R1/4

G Class Backwards Race

Week

Feeder Race

w Race

Series R1/4 COGS Wolf Rock

ies R2/4

e Regatta

ies R3/3

SEPTEMBER

Tues 1st Healeys Cyder Series R3/4

G Class Backwards Race

Sat 5th Royal Standard Series R2/4

Tues 8th Healeys Cyder Series R4/4

Sat 12th Point and Penpol Regatta

COGS Fowey/Helford

Tues 15th Joint Pursuit Series R1/4

G Class Backwards Race

Fri 18th Joint Pursuit Series R2/4

Sat 19th Royal Standard Series R3/4

Tues 22nd Joint Pursuit Series R3/4

Fri 25th Joint Pursuit Series R4/4

Sat 26th Royal Standard Series R 4/4

Sun 27th Mylor Lay Up Cup

Tues 29th Washup Meeting

OCTOBER

Sat 3rd Treens Pursuit Series R1/5

Sat 10th Treens Pursuit Series R2/5

Sat 17th Treens Pursuit Series R3/5

Sat 24th Treens Pursuit Series R4/5

Sat 31st Treens Pursuit Series R5/5

NOVEMBER

Sat 7th Annual Prize Giving

APPENDIX A

Carrick Roads Committee Boat (CB) starts.

One round

Asterix * = course containing a virtual mark

North (Group 1)			Comm Boat btwn G & SN, G & CA or N of BR								Distance
101	Vp	Gate	Fin								2.3
102	NBp	Gate	Fin								3.1
103	Jp	Gate	Fin								3.4
104	Vp	Pp	CCp	Gate	Fin						4.6
105	Vp	Gp	CAp	WTp	Gate	Fin					5.1
106	Vp	Gp	WNp	Jp	Gate	Fin					5.2
107	Vp	Gp	CAp	Jp	Gate	Fin					5.7
108	NBp	Tp	BRp	NBp	Gate	Fin					7.0
109	Vp	Gp	BRp	CCp	Pp	Vp	Gate	Fin			7.2
110	MEp	Pp	CCp	Gate	Fin						7.3
111	Vp	Gp	Zp	WNp	BRp	Vp	Gate	Fin			8.0
112	NBp	Pp	NBp	Pp	WNp	Gate	Fin				8.1
113	PLp	PWp	Jp	PLp	Gate	Fin					8.9
114	NBp	Tp	BRp	Vp	BRp	NBp	Gate	Fin			9.7
115*	NBp	Cs	BRp	Cs	CAp	WNp	Gate	Fin			11.5
116*	Vp	Cs	HDs	OWp	Zp	Cs	Gate	Fin			11.9

North East (Group 2)			Comm Boat S of T btwn G & Docks, SE of G								Distance
201	Vp	Gate	Fin								2.2
202	Jp	Gate	Fin								3.3
203	Vp	Sp	Gp	Wp	Gate	Fin					3.9
204	Jp	Vp	Jp	Gate	Fin						4.5
205	Vp	Sp	Pp	Wp	Gate	Fin					4.6
206	WTs	Gp	WNs	Pp	SNp	Gate	Fin				5.2
207	Jp	Tp	Jp	Gate	Fin						5.5
208	WTs	GYs	BRp	Gate	Fin						6.5
209	WTs	BRp	STs	CNs	Gate	Fin					6.4
210	WTs	CAp	STs	CAp	STs	Gate	Fin				6.7
211	Jp	Tp	PBs	CCp	Jp	Gate	Fin				7.6
212	Jp	NBp	CNs	Ms	BRp	Gate	Fin				10.2
213	WTs	Np	BRp	Gate	Fin						12.1
214*	Vp	Sp	Cp	Zp	GYs	CAp	Ps	CCp	Gate	Fin	10.7

East (Group 3)			Comm Boat T, Eastern Arm, SW of G								Distance
301	WNp	Gate	Fin								2.2
302	WNp	Vp	Gate	Fin							2.8
303	WNp	Vp	Gp	WNp	Gate	Fin					4.0
304	Ws	Gate	SNs	Gate	Fin						3.9
305	SNs	Pp	STs	Gate	Fin						4.8
306	SNs	Gp	STs	BRs	Gate	Fin					5.0
307	ENs	Gp	STs	Pp	CAp	Gate	Fin				5.3
308	SNs	GYp	CNp	Gate	Fin						6.1
309	WNp	NBp	Gp	STs	Gate	Fin					6.4
310	ENs	SNs	Ts	SNs	Gp	STs	Gate	Fin			6.8

CARRICK ROADS COMMITTEE BOAT STARTS **One Round**

East (Group 3) Continued

311	ENs	SNs	Ts	SNs	Gp	STs	Pp	CNp	Gate	Fin	8.3
312	SNs	GYp	Zp	GYp	Pp	Gate	Fin				8.6
313	SNs	GYp	Zp	GYp	CAP	Gate	Fin				9.0
314	SNs	BRs	Mp	Zp	HDs	CAP	Gate	Fin			9.9
315	SNs	BRs	GYp	Zp	GYp	Zp	WNp	Gate	Fin		10.2

South East (Group 4) Comm Boat near T or S

401	WNs	Gate	Fin								2.0
402	CAP	Wp	Gate	Fin							3.2
403	CAP	CCp	Gate	Fin							3.4
404	CNp	Vp	Gate	Fin							4.3
405	WNs	Tp	CAP	Wp	Gate	Fin					4.6
406	CAP	Tp	CAP	Gate	Fin						5.3
407	CAP	Vp	Tp	CAP	SNp	Gate	Fin				5.8
408	CAP	Vp	Tp	CNp	SNp	Gate	Fin				6.5
409	CNp	Tp	CNp	Gate	Fin						6.6
410	CNp	Vp	Tp	CNp	CCp	Gate	Fin				7.6
411	BRp	Sp	Zs	Gate	Fin						7.4
412	Zs	Gs	Jp	Sp	WNs	Gate	Fin				7.4
413	CNp	Tp	CNp	Tp	CNp	Gate	Fin				9.6
414	Zs	GYs	Zs	GYs	BRp	Gate	Fin				10.1
415*	Zs	GYs	OWp	HDs	CAP	Gs	CAP	Gate	Fin		11.2

South (Group 5) Comm Boat W of V, E of V, W of NB

501	Gs	Gate	Fin								2.2
502	Pp	WNp	Gate	Fin							3.3
503	Pp	Vp	Gate	Fin							3.9
504	CAP	CCp	Gs	Gate	Fin						4
505	Pp	SNs	BRs	Gate	Fin						4.4
506	Pp	NBp	Gate	Fin							4.6
507	Pp	CNs	Zs	Gate	Fin						5.1
508	CAP	Ts	Js	Ws	Gate	Fin					5.7
509	CAP	Ts	Js	SNs	Gate	Fin					6.1
510	BRs	Ss	BRs	Gate	Fin						6.3
511	Pp	PWs	BRs	Gate	Fin						6.8
512	Pp	SNs	Zs	Vp	Gs	Gate	Fin				7.2
513	Zs	GYs	Vp	Gate	Fin						7.3
514	Pp	MEs	BRs	Gate	Fin						8.5
515	Pp	NBp	Pp	WTs	BRs	Gate	Fin				9.2
516	Pp	NBp	Pp	NBp	Pp	Vp	Gate	Fin			10.3
517*	Cp	BRp	Cp	HDs	CAP	WNp	Gate	Fin			9.9
518	Zs	Ts	PBs	Ws	NBp	Pp	Vp	Gs	Gate	Fin	11.6
519*	Cp	CAP	Vp	BRs	Vp	Gs	Gate	Fin			10.5

CARRICK ROADS COMMITTEE BOAT STARTS

One Round

South West (Group 6)			Comm Boat btwn WT & W or SN to S of CA						
601	Gp	WNp	Gate	Fin					2.3
602	Gp	WNp	Vp	Gate	Fin				3
603	Gp	WNp	Vp	Tp	Vp	Gate	Fin		4
604	Pp	SNp	WTp	Gate	Fin				3.5
605	Gp	WNp	NBp	Tp	CCs	Gate	Fin		4.8
606	Pp	STs	BRs	Vp	Gate	Fin			5.8
607	Gp	STs	BRs	Jp	Gate	Fin			6.1
608	Gp	WNp	Jp	Tp	Jp	Gate	Fin		6.3
609	Pp	STs	BRs	Jp	Gate	Fin			6.8
610	Gp	PBp	Tp	CCs	Gate	Vp	Gate	Fin	7.3
611	GYs	STs	BRs	Wp	Gate	Fin			7.5
612	Pp	STs	GYs	Vp	Gate	Fin			7.8
613	Gp	Jp	Tp	Jp	Tp	Jp	Gate	Fin	8.5
614	Pp	CNs	Ms	CAP	Gate	Fin			8.5
615	Pp	CNs	Rs	CAP	Gate	Fin			9.1
616	HDs	PBp	Gp	NBp	Tp	WTs	Gate	Fin	9.8
617	Gp	Zs	Rs	Pp	Vp	Gate	Fin		9.6

West (Group 7)			Comm Boat between WT and SN						
701	Gate	Fin							1.6
702	Tp	Wp	Gate	Fin					3.0
703	Tp	Gp	WNp	Gate	Fin				3.1
704	Tp	Gp	Wp	Vp	Gate	Fin			3.8
705	Tp	STs	Gate	Fin					4.9
706	Tp	CNs	Ps	CNs	BRs	Gate	Fin		5.7
707	Tp	STs	Ps	Wp	Gate	Fin			5.9
708	Tp	CNs	GYs	Gate	Fin				6.4
709	Tp	CNs	Ps	STs	BRs	Gate	Fin		6.8
710	Tp	CNs	GYs	WNp	Gate	Fin			6.9
711	Tp	CNs	GYs	Wp	Gate	Fin			7.2
712	Tp	CNs	GYs	STs	Ps	WNp	Gate	Fin	8.7
713	Tp	Zs	Ms	WNp	Gate	Fin			9.3
714	Tp	CNs	Ms	CCp	Gate	Fin			9.4
715	Tp	Zs	GYs	STs	Ps	STs	Gate	Fin	11.0
716*	Tp	Zs	OWs	Ms	CAP	WNp	Gate	Fin	10.6

North West (Group 8)			Comm Boat between BR & Lugo						
801	Gate	Fin							1.6
802	Vp	Gs	Gate	Fin					2.9
803	Ts	WNs	Gs	Gate	Fin				3.2
804	Vp	BRs	Gate	Fin					4.1
805	Vp	CAP	Vp	Gate	Fin				4.3
806	Ts	CNs	Gate	Fin					4.5
807	Vp	STs	BRs	Gate	Fin				5.2
808	Vp	CNs	Gs	CAP	Gate	Fin			5.3
809	Vp	Zs	Gate	Fin					5.4

North West (Group 8) Continued

810	Ts	STs	BRs	Gate	Fin					5.5
811	Ts	CNs	Ts	CAp	Gate	Fin				6.7
812	Vp	Zs	Ts	CAp	Gate	Fin				7.6
813	Ts	Zs	GYs	CAp	Gate	Fin				7.7
814	Ts	Zs	Gs	Zs	Gate	Fin				8
815	Ts	Zs	Ts	CNs	Ts	Ws	BRs	Gate	Fin	11.4
816*	Ts	OWs	GYs	Cp	HDs	OWs	Gate		Fin	13.4

INNER HARBOUR CLUBHOUSE STARTS including Saturday B Class

Two rounds unless altered by FSC Rule 14

Finish on Club transit line (unless shortened)

North (Group 1)

Distance (1 round)

S1	Gp	Gate								2.8
S2	Gp	Vp	Gate							3.6
S3	Gp	NBp	Gate							4.3
S4	BRp	Jp	Ps	Gate						7.1
S5	BRp	CCp	Gate							4.2
S6	BRp	NBp	Gate							5.4
S7	SNp	PBp	Ws	PWp	Gate					6.5
S8	Gp	Vp	Tp	CAs	Gate					5.7
S9	WNp	NBp	Tp	Zs	Gate					8.3

Northeast (Group 2)

S10	Vp	Gate								2.7
S11	Gp	Wp	Gate							3.4
S12	Gp	Wp	Gp	Wp	Gate					4.6
S13	NBs	WNs	Gate							4.1
S14	PBs	CCs	PWp	Gate						4.8
S15	Js	Gp	Wp	Gate						5.5
S16	CNs	Ms	CAp	Gate						9.2
S17	Js	Ts	Js	Gate						6.1
S18	WTs	Wp	CNs	Gate						5.2
S19	PBs	HDs	Gate							6.8
S20	WTs	BRp	STs	Gate						6.3
S21	WTs	CAp	STs	Gate						6.4

East (Group 3)

S22	WNs	Gate								2.8
S23	Wp	NBp	Gate							4.0
S24	SNs	Gp	CAp	Gate						4.5
S25	Wp	Vp	Pp	CNp	Gate					6.0
S26	SNs	Gp	STs	BRs	CAp	Gate				6.2
S27	Wp	Tp	WNs	Gate						4.6
S28	WNs	Gp	STs	BRs	Gate					5.8
S29	WNs	Gp	CAp	Vp	Gate					4.8
S30	Wp	Vp	Tp	SNs	Gate					5.2
S31	WNs	GYp	Zp	Gate						8.0

INNER HARBOUR CLUBHOUSE STARTS including Saturday B Class
Two rounds unless altered by FSC Rule 14
Finish on Club transit line (unless shortened)

								Distance (1 round)
South East (Group 4)								
S32	CAp	Gate						3.6
S33	Gp	Gate						2.8
S34	Gp	CCp	Gate					3.6
S35	CAp	Vp	Gate					4.2
S36	Gp	Vp	Tp	Gp	Wp	Gate		5.5
S37	CNp	SNp	Gate					4.5
S38	CNp	NBp	Gate					5.6
S39	CNp	Wp	Tp	CAp	Vp	Gate		7.3
S40	Zs	Gate						5.6
S41	CNp	Tp	CNp	WNp	Gate			7.3
S42	CNp	Tp	CNp	Tp	CNp	WNp	Gate	10.3
S43	Gp	PWs	Wp	CKs	Js	Gate		9.0
S44	Zs	Ms	Gate					8.2

South (Group 5)

S45	Ts	Gs	Gate						2.8
S46	Vs	Gs	Gate						3.6
S47	Vs	BRs	Gate						4.7
S48	Ws	BRs	Gate						4.4
S49	Js	CAs	Gate						5.1
S50	PWs	BRs	Gate						5.4
S51	NBs	Gs	Ts	Vs	Ps	Gate			7.1
S52	Js	Ws	Ts	Vs	Gs	Gate			6.3
S53	CCs	HDp	SNs	BRs	Gate				6.4
S54	Ws	CNs	Zs	Gate					5.9
S55	Js	BRs	Ss	PBs	WTs	NBs	Js	Gate	9.2

Southwest (Group 6)

S56	Vp	Gate						2.6
S57	WTp	Sp	Gate					3.2
S58	Jp	Gate						3.8
S59	Ws	Gs	Sp	Gate				4.1
S60	WTp	Vp	Ws	Gs	Jp	Gate		4.8
S61	WTp	NBp	Sp	WTp	Jp	Gate		5.1
S62	CCp	Jp	Tp	CCp	NBp	Gate		5.8
S63	Jp	Tp	Jp	Gate				6.1
S64	Jp	Tp	SNs	Gs	Vp	Gate		6.6
S65	STs	BRs	NBp	Gate				7.0
S66	CAs	GYs	Jp	Gate				7.8

INNER HARBOUR CLUBHOUSE STARTS including Saturday B Class

Two rounds unless altered by FSC Rule 14

Finish on Club transit line (unless shortened)

									Distance (1 round)
West (Group 7)									
S67	WNp	Gate							2.8
S68	Vs	Ws	Gate						3.3
S69	CAs	Gs	WNp	Gate					4.4
S70	Jp	NBp	CCs	Gate					4.5
S71	STs	CAs	Gs	Vs	Ws	Gate			6.4
S72	STs	CAs	Gs	WNp		Gate			5.3
S73	Ws	Ts	Vs	STs	CAs	Gs	WNp	Gate	7.3
S74	CNs	Gys	Jp	Gate					8.3
S75	CNs	Ms	Jp	Gate					10.5
S76	CNs	Ps	SNp	Gate					5.0
S77	Zs	Ms	WNp	Gate					9.7
S78	STs	CAs	SPs	Gate					5.6
S79	STs	BRs	Sp	Gate					6.2
S80	STs	Gys	Sp	Gate					8.2

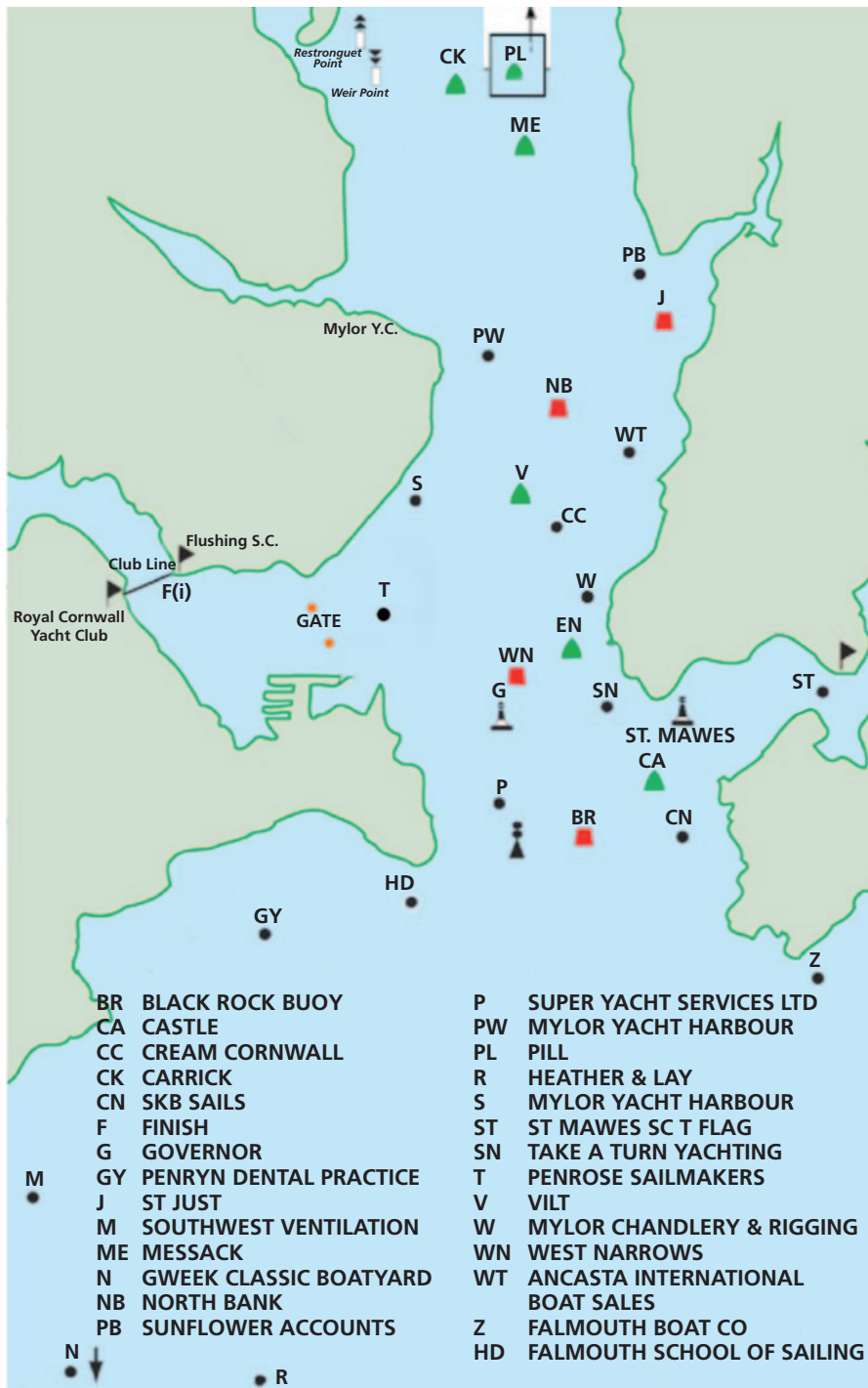
Northwest (Group 8)

S81	Gs	Gate							2.6
S82	Vs	Gs	Gate						3.6
S83	BRs	Gate							3.8
S84	Vs	CNs	Gate						5.0
S85	Js	CNs	Gate						5.8
S86	CNs	BRs	Ts	CAs	Gate				6.7
S87	WNs	CNs	Ts	WNs	CAs	Gate			6.7
S88	Ws	CNs	Ts	CNs	Gate				7.6
S89	Zs	Gate							5.6
S90	CNs	Gate							4.3
S91	WNs	Gs	Ts	WNs	Gs	Gate			4.7
S92	SNs	CAs	Ts	SNs	CAs	Gate			6.0
S93	Zs	Gys	CAs	Gate					8.2

GROUP 9 ALL STARTS : FOR USE WHEN CONSTRAINED BY COMMERCIAL SHIPPING

S94	MEs	Gate						5.0	N.NW.NE
S95	MEs	Js	MEs	Js	Gate			7.2	N.NW.NE
S96	Wp	MEs	Js	Gate				6.0	S.SE
S97	Wp	MEs	Js	NBs	MEs	NBs	Gate	7.9	S,SE
S98	Js	Gate						3.8	S.SW
S99	NBp	MEs	CCs	Gate				5.7	S.SW
S100	Js	Ws	Gate					4.3	E
S101	Js	Ws	Js	Ws	Gate			5.9	E
S102	PWs	Js	Ws	Js	Ws	Gate		6.1	Low water Messack
S103	PWs	Js	Ws	Gate				4.4	Low water Messack
S104	Ws	Ts	Ws	Gate				4.5	E
S105	Ws	Ts	Ws	Ts	Ws	Gate		6.0	E
S106	Js	Ts	Js	Ts	Js	Gate		8.4	E.N
S107	PBs	Vs	Ps	Gate				8.7	N.S
S108	PBs	Gate						7.0	N.S
S109	WNs	PWs	Js	Gate				5.2	NW.SW.W.E
S110	Ts	PWs	Ws	Gate				5.3	NW.SW.W.E

APPENDIX C



APPENDIX D

POFSA RACE MARKS 2024

Issue 1 – 06 Feb 24

Code	Name or Sponsor	Description	Position
A		Yellow spherical with code letters	N50° 08.10' W005° 02.50'
B		Yellow spherical with code letters	N50° 06.50' W005° 00.00'
C		Yellow spherical with code letters	N50° 06.77' W005° 02.42'
CC	Cream Cornwall	Yellow spherical with code letters	N50° 09.80' W005° 02.09'
CN	SKB Sails	Yellow spherical with code letters	N50° 08.73' W005° 01.22'
GY	Penryn Dental Practice	Yellow spherical with code letters	N50° 08.12' W005° 03.87'
H		Red, yellow, orange or black inflatable	N50° 05.55' W005° 00.75'
HD	Falmouth School of Sailing	Yellow spherical with code letters	N50° 08.39' W005° 02.76'
M	SW Ventilation	Yellow spherical with code letters	N50° 07.46' W005° 04.67'
N	Gweek Boatyard	Yellow spherical with code letters	N50° 05.36' W005° 04.91'
OW		Yellow spherical with code letters	N50° 07.50' W005° 00.21'
P	Super Yacht Services	Yellow spherical with code letters	N50° 08.78' W005° 02.10'
PB	Sunflower Accounts	Yellow spherical with code letters	N50° 10.75' W005° 01.45'
PH		Yellow spherical with code letters	N50° 05.25' W005° 03.19'
PW	Mylor Yacht Harbour	Yellow spherical with code letters	N50° 10.48' W005° 02.37'
R	Heather & Lay	Yellow spherical with code letters	N50° 06.61' W005° 04.36'
S	Sunbeam	Yellow spherical with code letters	N50° 09.99' W005° 02.63'
SN	Take A Turn Yachting	Yellow spherical with code letters	N50° 09.30' W005° 01.77'
T	Penrose Sailmakers	Yellow can with "X" topmark and code letters	N50° 09.60' W005° 03.00'
W	Mylor Rigging	Yellow can with "X" topmark and code letters	N50° 09.60' W005° 01.93'
WT	Ancasta	Yellow spherical with code letters	N50° 10.13' W005° 01.90'
Z	Falmouth Boat Co	Yellow spherical with code letters	N50° 08.15' W005° 01.10'

NB. Marks in blue font are laid and recovered on a daily or weekly, event-by-event basis



Flushing Sailing Club CIO 1182993

Safety Management Policy – Controls and Procedures

The Organisation

Flushing Sailing Club CIO (“FSC”) has the promotion and organisation of keelboat racing as its primary aim. The racing is organised in the sheltered waters of the Carrick Roads and in Falmouth Bay.

Constitution, Club Rules and Policies

The Club has adopted a series of Rules and Policies as a guide to ensuring we fulfil any obligations we may have. All members and users of the Club should likewise be aware of their obligations.

- CIO Constitution
- Code of Conduct
- Child Safeguarding and Protection
- Club Rules
- Adults at Risk – Safeguarding Policy
- Under 18s Consent Form

FSC Committee and Trustees’ Commitment to Safety Management

Accidents are always unnecessary, frequently costly and can, on occasion, even be disastrous. Safety protects human and material resources and is vital for the enjoyment of our time on the water.

The FSC Committee and Trustees:

- Confirm their responsibility of safety and commitment to provide clear guidance and oversight of safety issues.
- Will actively promote and develop a culture of continuous safety improvement.
- Seek to enhance the systems and procedures over time.
- Provide opportunities for relevant training.

However, it must be recognised that we can never eliminate risk completely without terminating our activities. Nevertheless, we strive to identify and deal with safety hazards in an appropriate way in order to constrain the risks they pose to a level that is justifiable, tolerable and as low as possible.

We will review, scrutinise and assess our own operating procedures and internal control documents regularly and will seek to provide sound guidance for others to follow. Additionally, we encourage accident and incident reporting. For on water incidents this will be by the system established by Falmouth Harbour Commissioners for this purpose.

All Club Members and all participants in FSC events must understand that they have a duty to establish safe procedures and practices when involved in club activities and to work continuously to promote safety among all Club Members and their guests and crew. We expect every individual to take personal responsibility for their own safety and actions at every level of activity.

QR CODES



FSC Club Policies



*Falmouth Harbour
Commissioners*



*FSC Racing
Webpage*



Falmouth Harbour

The Safety Management Policy is reviewed annually before the commencement of the Race Season.

Racing Safety Management

The safe management of racing and protocols that must be followed are set out in a series of documents outlined under “Racing” on the website.

Additionally all Skippers are encouraged to attend the pre-season briefing and FSC provides training in the Racing Rules of Sailing and briefings on how to respond to an emergency annually during the winter months.

The **Notice of Race** sets out our area of operation and safety requirements.

Sailing Instructions contain key information about safety and risk management. In particular the decision as to whether or not to race (or continue to race once started) is at the sole discretion of the Skipper, who needs to take into account the experience of the crew, the wind and sea conditions and the suitability of the vessel in reaching their decision. (RRS Rule 3).

Participants’ attention is drawn, in particular, to the following:

FSC does not provide patrol boat/safety boat cover for the duration of the racing. It is incumbent on fellow competitors to go to the aid of a vessel in distress. At least one such competitor capable of taking the distressed vessel in tow shall stand by the distressed vessel until the situation is resolved.

Participants: Nobody is eligible to race with FSC until they have completed a Race Entry Form and confirmed their compliance with its requirements.

And **all crew** are requested to complete the following form annually. It is a legal requirement, whilst on the water in Falmouth Harbour, to comply with all **Harbour Byelaws**.

Indeed failure to do so is technically a criminal offence! Of particular note is the restriction on sailing within the mooring field, as defined, and the fact that commercial shipping always has the right of way.

Risk Assessment

The generic risk assessment is set out in the Race Office section of the website.

The Race Officer for the day will need to assess the level of risk on the day of racing. This risk assessment is by its nature dynamic and is driven by conditions and events on the day and may well change as the day and the racing itself progresses. Advice is provided to the Race Officer (RO) within the RO Manual and available from the Race Committee and Race Team.

FSC has a number of highly experienced sailors as members. If the RO on the day is in any doubt as to the appropriate course of action they are to consult with the Race Committee, namely the

Sailing Secretary 07812 178080 and the

Vice Commodore 07855 755596.



Race Entry Forms



***FSC Crew
Emergency Contact
Forms***



***Falmouth Harbour
General Byelaws***



***Appendix B: Mooring
Restrictions Chart***



***Generic Risk
Assessment for
Racing***

As a general rule particular care should be taken if forecast(s) indicate over 25 knots or 30 knots gusts. It must also be noted that the sea state is also a critical factor in their decision taking.

Incidents

The Club has developed an incident management plan, drawing on the experience of those around the Harbour together with the safety management teams from events such as Falmouth Classics and Falmouth Sailing Week. A copy of the incident management plan can be found here:

Accident and incident reporting

Any good safety management system has a mechanism for reporting accidents and near misses.

As noted above for all accidents and incidents on, or around, the Harbour we should make use of the system already established by the Harbour Master.

You are encouraged to notify the Club Commodore of any such incidents so that we can learn from the event and change policies and/or procedures as appropriate.

For all accidents and near misses within, and around, the Clubhouse an accident book is maintained. It will be reviewed regularly and action taken to prevent repetition of injuries. In the case of a major serious incident the Commodore should contact the RYA who can provide assistance, as well as disseminate any lessons learned.

Communication

FSC uses Email and a series of WhatsApp groups for regular communication with members about events. As noted above this is supplemented by pre-season briefings and training sessions for participants. The Notice of Race and Sailing Instructions are available to all members and race skippers, free of charge, in hard copy form so as to be easily accessible on board. A laminated chart of the race area is also provided each season, again free of charge. All of the above information is accessible via the Club website.

Post Season

At the conclusion of the season a wash-up session is held, to which all participants are invited. Changes for the following year are proposed and discussed, where appropriate learnings from incidents during the season are shared.



***Race Officer Manual
for Committee Boat
Starts***



***Race Officer Manual
for Clubhouse Starts***



***Incident
Management Plan
Emergency
Procedures***

FSC RACE OFFICER LIST 2026

APRIL	Race Officer	Mobile	Email
Sat 4th	Mike Robson	07780002259	robson-m3@sky.com
Tues 7th	Mike Robson	07780002259	robson-m3@sky.com
Sat 11th	Chris Wilson	07775906923	cww3894@gmail.com
Tues 14th	Mike Robson	07780002259	robson-m3@sky.com
Sat 18th	Mike Maguire	07747094198	fatmo1188@gmail.com
Tues 21st	Mike Robson	07780002259	robson-m3@sky.com
Sat 25th	Charlotte Stacey	07837843374	charlottestacey@live.co.uk
Tues 28th	Mike Robson	07780002259	robson-m3@sky.com
MAY			
Sat 2nd	Geoff Davies	07768062723	geoff.davies@gmx.com
Sun 3rd	John Hicks	07855755596	hicks.farm@btopenworld.com
Tues 5th	Sarah Roby	07545802555	sarah.robby@btinternet.com
Sat 9th	Guy English	07799107572	guy@tregew.eclipse.co.uk
Tues 12th	Jon Myers	07980622541	jonmyers1706@gmail.com
Sat 16th	Len Trenoweth	01326722456	trenoweths3@sky.com
Tues 19th	Nick Bradley	07879463324	ncabradley@gmail.com
Sat 23rd	Sue Grigg	07706853312	suegrigg@hotmail.com
Sun 24th	John Hicks	07855755596	hicks.farm@btopenworld.com
Tues 26th	Chris Bell	07770223227	christopherbell2@hotmail.com
Sat 30th	George Lenney	07503820007	george.lenney@gmail.com
JUNE			
Tues 2nd	Chris Jellis	07807306802	c.jellis@btinternet.com
Sat 6th	Alfie Munden	07909093052	alfmunden@gmail.com
Tues 9th	Stuart Higgins	01637 876855	stuarthiggins@talktalk.net
Thurs 11th	Rod Wootton	07812178080	rodneymootton@yahoo.co.uk
Tues 16th	Mel Sharp	07785710364	demolition8444@hotmail.com
Sat 20th	John Maunder	07528573669	maunderjohn4@gmail.com
Tues 23rd	Andrew Laming	07732536010	andrewlaming1@gmail.com
Tues 30th	Nick Woodley	07859016287	seriema2021@btinternet.com
JULY			
Sat 4th	Nigel Rowe	07967951424	njrowe36@gmail.com
Sun 5th	John Hicks	07855755596	hicks.farm@btopenworld.com
Tues 7th	Jon Brown	07747044792	jonathanbrown98@gmail.com
Tues 14th	John Fox	07789516597	john@foxcornwall.com
Sat 18th	Geoff Davies	07768062723	geoff.davies@gmx.com
Tues 21st	Luke Goodden	07970623789	lgoodden@gmail.com
Tues 28th	David Mitchell	07771563776	david@mitchellevans.co.uk
AUGUST			
Sat 1st	Kevin Maclean	01326312118	kvnmaclean@yahoo.co.uk
Tues 4th	Bob Warren	07970926409	bob@paddleandsail.com
Mon 17th	Rod Wootton	07812178080	rodneymootton@yahoo.co.uk
Tues 18th	Tim Mander	07714336840	tdmander@btinternet.com
Sat 22nd	Charles Richardson	07795845696	cr.helford@gmail.com
Tues 25th	Craig Brown	07973963338	crbrowner@msn.com
Sun 30th	John Hicks	07855755596	hicks.farm@btopenworld.com
SEPTEMBER			
Tues 1st	Mike Rangecroft	01326319574	mikerangecroft@talktalk.net
Sat 5th	Geoff Davis	07768062726	geoff.davies@gmx.com
Tues 8th	Dave Owens	07582067829	blue2kite@gmail.com
Tues 15th	Mike Robson	07780002259	robson-m3@sky.com
Sat 19th	Derek Hill	07966965329	derek.hill3@sky.com
Tues 22nd	Mike Robson	07780002259	robson-m3@sky.com
Sat 26th	Peter Harvey	07836630087	petersharvey@btinternet.com
OCTOBER			
Sat 3rd	Mike Robson	07780002259	robson-m3@sky.com
Sat 10th	Len Cheshire	07857666371	len.cheshire@btinternet.com
Sat 17th	Mike Robson	07780002259	robson-m3@sky.com
Sat 24th	Len Cheshire	07857666371	len.cheshire@btinternet.com
Sat 31st	Mike Robson	07780002259	robson-m3@sky.com

CLUB CONTACTS

President:	Charlie Choak
Club Trustees:	Dave Owens (Chair) blue2kite@gmail.com 0758 206 7829 Melanie Franks, Izi Friend, Jeanette Hill, Sarah Roby Email: trustees@flushingsailingclub.co.uk
Life Members:	Nessie Simcock, Pete Goss, Kaye Price
Honorary Member:	Nick Trefusis

Committee & Officers 2026

Subject to confirmation at March AGM

Officers

Commodore:	David Mitchell 07771 563776	commodore@flushingsailingclub.co.uk
Vice Commodore:	John Hicks 07855 755596	vice-commodore@flushingsailingclub.co.uk
Rear Commodore:	Amanda Ayliffe 07585 303529	rearcommodorehouse@flushingsailingclub.co.uk
Hon. Treasurer:	John Fox 07789 516597	treasurer@flushingsailingclub.co.uk
Hon. Sailing Sec.:	Rod Wootton 07812 178080	sailingsecretary@flushingsailingclub.co.uk
Membership Sec.:	Gaye Slater 07929 365855	membershipsecretary@flushingsailingclub.co.uk

Committee

Secretary:	Joanna Walpole	information@flushingsailingclub.co.uk	
Chris Bell	07770 223227	Sam Harding	07901 941667
Jonathan Brown	07747 044792	Peter Harvey	07836 630087
Len Cheshire	01326 340425	Derek Hill	01326 314133
Paul Evans	07967 604495	Mike Robson	07780 002259

Class Contacts

IRC Classes:

IRC 1 (Q):	Duncan Adams	07973 963338	IRC (2):	John Hicks	07855 755596
IRC 3 (U):	Paddy Cronin	07590 929921	IRC Region:	Mel Sharp	07785 710364
M Class:	Peter Stephens	07977 489446	E Class:	Chris Bell	07770 223227
	info@falmouthfirebirds.co.uk		G Class:	Sue Grigg	07706 853312
V Class:	Emma Mantle	07977 456111	W Class:	Tim Mander	07714 336840
COGS:	Tim Rowley	timrowley@me.com	B/C Class:	Sam Harding	07901 941667
	Rod Wootton	07812 178080			

Race Office / Results: opsteam@flushingsailingclub.co.uk 01326 375980 (during racing only)
Contact: sailingsecretary@flushingsailingclub.co.uk Rod Wootton

Web site updates: information@flushingsailingclub.co.uk Joanna Walpole

CLUB TROPHIES 2025

Mylor Chandlery Pursuit Saturday Series

Blue Troy Trophy – *Popincoota*

Cockwells Pursuit Tuesday Series

Hilda Nixon Bowl (IRC) – *Green Magnum*

ANCASTA Boat Sales Saturday Series

B - Paul Stuthridge Memorial Cup - *Meloris*

C - RT Dixon Junior Cup - *Iris Elizabeth*

G - FSC Pennant - *Katy*

Q - CHS Cup - *Pandemonium*

U - Leslie Tongue Cup – *Aries*

Pendennis Shipyard Tuesday Series

E - *Excelle* G - *Jean Genie* Q - *Trigger's Broom*

U - *A Little Trifle* V - *Mayfly* W - *Tai Mo Shan*

Rattler Cyder Tuesday Series

B - Greenbank Cup - *Moon*

M - A2 Rigging Urn - *Ultraviolet*

G - Dorothy Hobson Gaffers Trophy - *Tom Tit*

Q - Armytage Cup - *Trigger's Broom*

E - The Stewards Trophy - *Macavity*

U - Farrant Trophy - *Deep Purple*

V - Strangway Dixon Cup - *Whimsey*

W - Furse Cup – *Elli*

Fox Construction Tuesday Series

B - Edney Trophy - *Winnie*

G - Gaffers Tankard - *Arlette*

Q - Devenish Trophy - *Trigger's Broom*

E - J H & M Choak Trophy - *Eclipse*

U - J H & M Choak Ltd - *Jos*

V - Dudley Harris Cup - *Mayfly*

W - John Mantle Trophy – *Elli*

Healeys Cyder Tuesday Series

- B - P J Laity Trophy - *Endeavour*
- C - No Trophy - *Iris Elizabeth*
- M - No Trophy - *Ultraviolet*
- G - Gaffers (Single Handed) Trophy - *Tom Tit*
- Q - R T Dixon Cup - *Trigger's Broom*
- E - Roy Beecroft Trophy - *Excelle*
- U - Mayflower Cup - *Nitro*
- V - Jim Laity Cup - *Wendy*
- W - Frank B Lang Trophy - *Tai Mo Shan*

Heather and Lay Gull Rock Manacles Race

IRC - Orzel Cup - *Trigger's Broom* YTC - Bill Jennings Trophy - *Chiot Noir*

Fal Tyres Bay Series

IRC - *Trigger's Broom* YTC - *Green Magnum*

Gaffers Backwards Race Series

G – Captain's Cup - *Tom Tit*

Royal Standard Saturday Series

- Fleet 1 - Robert Foster Bowl - *Atalanta*
- Fleet 2 - Flushing Sailing Club - *Aries*
- G - Shearwater Trophy – *Charm*

Treen's Pursuit Series

Frostbite Cup – *Chiot Noir*

Special Awards

- Mudhopper's Trophy - Peter Harvey
- Skipper of the Year - sponsored by ANCASTA - Luke Godden
- Crew of the Year - sponsored by ANCASTA - *Hawk*
- Bill Hunt Cup - Most Races Sailed - *Trigger's Broom*
- Dick Stephenson Cup - Most 1st Places - *Trigger's Broom*



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8-14 Berkeley Vale
Falmouth TR11 3PH
Tel: 01326 316655



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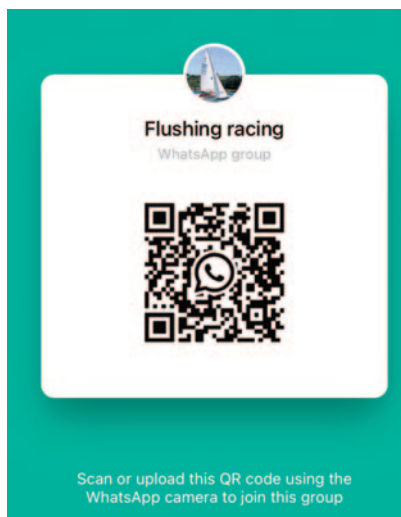
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Flushing Sailing Club QR Code

Please scan the QR code using your phone camera and follow the instructions to join the group via WhatsApp.

If you do not have the ability or your phone is not able to join WhatsApp please text David Mitchell on 07771 563776.

Please note this is not a chat group but has been set up to inform you about Flushing racing.



Flushing Food

After a mouth-watering winter offering, our chefs return for the Racing Season with the addition of some old favourites for hungry sailors.

Book early to avoid disappointment.
Please keep communications to a minimum to avoid annoying other users.

N.B. You can mute all these WhatsApp groups in the group settings. Please don't try to change disappearing messages, this will be done by Group Admin as appropriate.



Flushing Sailing Club Crewing

For Crews: If you want to sail, write a sentence about your experience. Don't worry if you are a novice!

For Helms: If you need crew, pop a message on saying what level of experience you would like.

Once you have made the contact, please take your conversation off this group.



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